

### By bike

Travel to and around Wasdale by bike, a great way to enjoy the fantastic scenery at your own pace. Don't have your own bike? Bike hire is available in Gosforth through Marra Bikes and Boards. Book online at

www.marrabikesandboards.com or call 07521982453



#### On foot

There are hikes in Wasdale that range from gentle strolls to climbing England's highest peak, Scafell Pike. This map shows easy walks connecting Nether Wasdale village with the lake shore for that famous view up the valley, ideal if you are parking or staying in the village.

Tackling the higher fells needs more planning, preparation and experience. At all times remember to be

### **Adventure Smart:**

Ask yourself 3 questions before you set off:

- Do I have the right **gear**?
- Do I know what the weather will be like?
- Am I confident I have the knowledge and skills for the day?

For more details visit www.adventuresmart.uk

We hope you don't need to call on the committed volunteers of Wasdale Mountain Rescue Team, but in an **emergency call 999** and **ask for police and then Mountain Rescue**.



Wasdale is a very special place, much of the valley including the verges at the Lake Shore is a SSSI, which means it has special protection due to its unique plants and wildlife. It is also farmed in the traditional way with sheep both in the fields and on the fells.

Please follow the Country Code and visit kindly:

- Camp and motorhome only in official sites
- Do not light fires or barbecues
- Take all your litter home
- Keep your dog under close control at all times, on a lead near sheep, and pick up and bin its waste
- Park in car parks, not on verges or blocking roads and gateways
- Travel sustainably and leave no trace

# Wasdale shuttle bus



### Timetable and information

June to August 2023



www.lakedistrict.gov.uk/wasdaleshuttle



## The Wasdale Shuttle will make your visit to Wasdale easier for you and better for the climate, the community and the landscape.

Parking in the valley is limited, but at peak times you can park in the pop-up car park in Nether Wasdale and catch the bus to Wasdale Head

**Fares 2023** 

Adult single – £2 Under 21s single – £1 Under 5s and concessionary pass holders – Free

nationalrail.co.uk 03457 484950

The first and last journeys go to and from Ravenglass for trains on the scenic Cumbria Coast line, or there is ample parking available. Please check train times before you travel



The bus will run all Saturdays, Sundays and bank holidays in June, July and August.

The bus will pick up anywhere on the route where it is safe to do so. Well behaved dogs are allowed, not on the seats!

Operated by Sim's Travel, Eskdale 01946 723227

Ravenglass, village car park	0900		1030											
Gosforth, Whitecroft	0910		1040											
Nether Wasdale, car park	0930	1030	1100	1130	1200	1230	1300	1400	1415	1515	1545	1615	1645	1745
Wasdale Head, Green	1000	1100	1130	1200	1230	1300	1330	1430	1445	1545	1615	1645	1715	1815
Wasdale Head, Green	1000	1100	1130	1200	1230	1330	1345	1445	1515	1545	1615	1645	1715	1815
Nether Wasdale, car park	1030	1130	1200	1230	1300	1400	1415	1515	1545	1615	1645	1715	1745	1845
Gosforth, Whitecroft												1735		1905
Ravenglass, village car park												1745		1915



